## What to expect

Boston to Frampton Marsh Nature Reserve

Starting/Finish point: Boston Distance: 20.1 km / 12.5 miles

Boston to Pilgrim Fathers' Memorial Starting/Finish point: Boston Distance: 16.25 km / 10.1 miles

### Situated in the east of Lincolnshire, Boston is a great weekend getaway.

Located on the River Witham on the northern margin in the Fens is this historic market town with independent shops, wonderful dining experiences and lots of diverse family-friendly attractions: from the historic Guildhall to the beautiful nature reserves at Frampton Marsh and Freiston Shore.





## Getting there

The A16 connects Boston to the port town of Grimsby in the north and Peterborough in the south, making journeys from these locations quick and easy. The town is also a short drive from both Lincoln and Skegness, and is easily accessible from London, travelling north on the A1(M) to Peterborough and from there, straight to Boston.

Travelling to Boston by train is relatively easy thanks to its close proximity to other major cities and towns. Visitors to Boston can benefit from a direct train service to and from Nottingham, Skegness, Sleaford, and Grantham. With connecting trains at Grantham, trips from London to Boston can be done in just over 2 hours, making it a great destination for a weekend break.

Boston station is a short 5–10-minute walk from the heart of the town centre.



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Cycle Lincolnshire



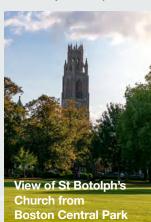
# Boston's Pilgrims and Wildlife – 2 great circular rides

20.1 km / 12.5 miles | 16.25 km / 10.1 miles

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## **Focal points & attractions**

Boston market town has a rich heritage and is known to many people as the home of the Pilgrim Fathers, who sailed from The Haven in 1620 and settled in what is now Boston, Massachusetts, With its historic buildings and dramatic coastline, this east Lincolnshire town has plenty of things to do, making it a great choice for a getaway and is ideally located just a short drive from Skegness and Lincolnshire's southern countryside. Don't forget to bring or hire a bike, as there are two cycle routes in this leaflet for you to explore.



#### St Botolph's Church

The magnificent and awe-inspiring St Botolph's Church (known affectionately as "The Stump") dates from 1309. It is one of the largest parish churches in England and its tower is one of the highest of any in the country. The building is as impressive inside as it is outside. You can climb the 209 steps for the Tower Experience, visit the coffee shop and gift shop, and reflect in the sacred space.

### Boston Guildhall Museum

Built in the 1390s this wonderfully preserved building, with a wealth of original features, has survived the centuries and is one of Boston's finest visitor attractions. Discover the Guildhall's rich past and intriguing and complex tales of their connections with the Pilgrims and how the town of Boston had a significant influence on the foundation of the United States of America.







#### **Fydell House & Gardens**

Fydell House is an attractive, historical setting owned and run by The Boston Preservation Trust. The house is a well-known Boston landmark, and an important part of the local history. The aim is to restore the house and preserve it for future generations. Rooms at Fydell House are available for businesses, education providers and the arts. Visitors are invited to have a look around this fine Georgian House and gardens.

### Maud Foster Windmill This fine example of an English tower mill was built

in 1819 – you can climb all 7 floors of this 200 year old masterpiece, one of the finest and tallest windmills in the British Isles. Don't forget to pop into the Mill Shop and stock up on stoneground flour, porridge oats, local history books and a variety of good quality souvenirs.

#### **Frampton Marsh**

Blessed with a variety of freshwater habitats, Frampton Marsh provides close views of the abundant birdlife of The Wash, one of Europe's most special places for wildlife. Avocets, redshanks, skylarks and whimbrels can all be seen in summer, with thousands of ducks gathering on the freshwater scrapes in winter.

### Country Parks and Pilgrim Fathers' Memorial

Boston has two riverside country parks. Witham Way Country Park can be found just north of the Grand Sluice and the Marina. It is the start of the Water Rail Way cycle and walking route to Lincoln and has woodland, meadows and picnic areas to enjoy. Havenside Country Park is to the south of the town and expected to form part of the new England Coast Path route. The park leads to the Pilgrim Fathers' Memorial, which marks the site where that group's



first attempt to escape to freedom, initially to Holland, was thwarted, leading to their arrest and subsequent trial and detention in Boston Guildhall.

Frampton Marsh



# Boston to Pilgrim Fathers' Memorial

Starting/Finish point: Boston | Distance: 16.25 km / 10.1 miles







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#### Ride distance: 16.25 km / 10.1 miles

Terrain: Flat, mostly tarmac with some gravel track and some grass banks

Difficulty rating: Easy cycling

Hazards: Some town cycling, cobbles, dual carriageway (pedestrian crossing)

1 Start at Witham Way Country Park, Tattershall Road, Boston PE21 9LP, where there is ample free parking.

2 Head towards Fishtoft and turn off onto the riverbank at the sign for Metsa Wood Yard. The cycling surfaces are a mixture of concrete, compacted gravel and grass.

3 Continue on this road until you reach the Pilgrim Fathers' Memorial.

On the way back via Fishtoft you could stop off at the Red Cow pub for a refreshment before returning into Boston. From the Red Cow pub there is only one road back to Boston and it meets up with the outward-bound route at Metsa Wood Yard.

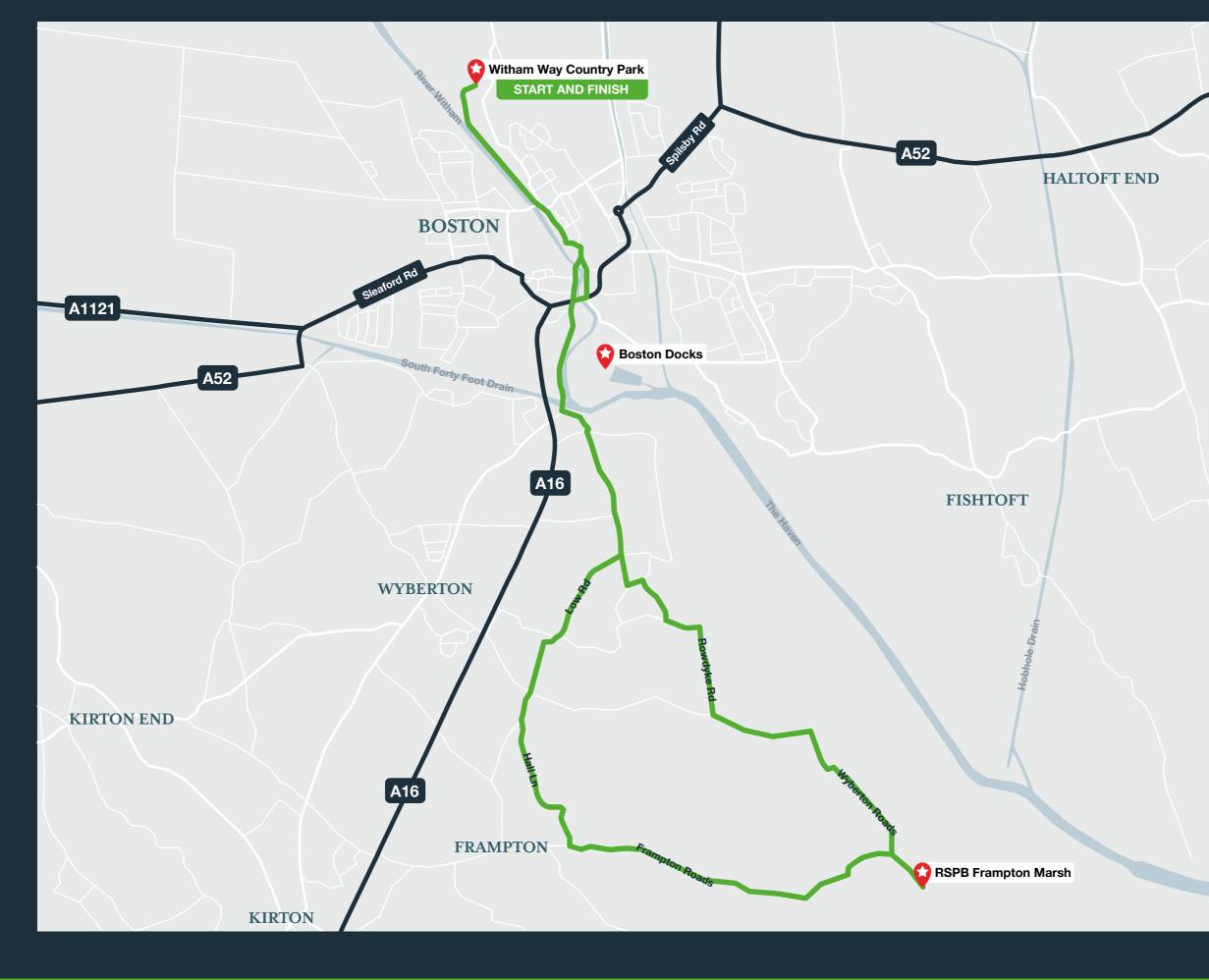
Please refer to the QR code for full ride details.

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# Ride to Frampton Marsh Nature Reserve

Starting/Finish point: Boston | Distance: 20.1 km / 12.5 miles







## BUTTERWICK

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#### Ride distance: 20.1 km / 12.5 miles

Flat and quiet roads

Difficulty rating: Easy cycling

Hazards: Some town cycling, cobbles, dual carriageway (pedestrian crossing)

 Start at Witham Way Country Park, Tattershall Road, Boston PE21 9LP, where there is ample free parking.

2 Head past Boston docks and take the dead-end road on the left at the mini roundabout. Continue along this road until you reach the Café at the nature reserve: a perfect place to enjoy a coffee and cake.

3 On the way back you will pass a millstone marking the Meridian line before picking up National Cycle Route 1.

Once you pick up the National Cycle Route 1, there are signposts at every junction taking you back to Witham Country Park.

Please refer to the QR code for full ride details.

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## Accommodation

You are spoilt for choice when it comes to staying in Boston, from luxury hotels, B&Bs, pubs with rooms, self-catering cottages and Airbnb catering for all budgets.

#### www.boston-england.co.uk







## Shopping

Boston has a range of shops and retail outlets across the town to enjoy. No matter what your style, you're sure to find something for you across the town's iconic shopping lanes and high street.

Taking place right in the centre of Boston's historic town square, the famous open-air market is amongst the largest in the whole of Lincolnshire; running for hundreds of years, the market is home to a range of local produce and brings vibrancy and life to the town centre.

The historic marketplace is surrounded by a variety of well-known high street names alongside locally owned shops. Explore the streets and lanes which branch from the marketplace and its surrounds, still faithful to the original medieval streetscape, and discover a wealth of independent specialist stores, cafes, and boutiques.





# **Distinctly Boston food & drink**

Lincolnshire's local food & drink production is at the heart of the excellent restaurants, cafes, pubs, and bars on offer in Boston.

With most of the local ingredients being grown just a stone's throw outside of Boston in South Lincolnshire, it's no surprise that this plays a big part in the unique character and flavour of the areas exceptional food scene.

From Boston sausages to Lincolnshire plum bread, Piper's Crisps, to Stokes tea and coffee, places to eat in Boston are serving a variety of local products to suit everyone's taste. Take inspiration and discover where you can buy your own local produce with Boston's Farm Shops and Butchers.



